



The Pandemic Has Changed How We Work

By Zoe Manzanetti

A report finds that the coronavirus-caused shift to remote work has altered the idea of a workspace. Some are uncomfortable with returning to an office and many hope to continue working from home even after offices reopen.

During this pandemic, nearly every state ordered residents to “Stay at Home” and encouraged all workers who could to work from home. This has created a fundamental shift in how Americans are viewing the way they work, according to a new report.

The study, conducted by Morning Consult, a global data intelligence company, had four key findings, all of which suggest that working remotely may continue well after the pandemic is under control.

The report surveyed approximately fifteen hundred US adults, both current remote workers as well as adults who were able to work remotely either now or in a future role. Nearly seventy percent of workers reported that they had had

significant changes in their daily routines because of working from home, but overall were pleased with the changes.

The survey found that, for most Americans, the benefits of working remotely outweigh the disadvantages, citing mainly increased time and comfort when working from home. These benefits caused three-quarters of adults to say that they would like to work from home at least once or twice weekly, even after the pandemic has subsided.

However, returning to an office presents its own issues. While daily office cleanings and sanitations would increase the comfort of working in an office for eighty percent of workers, almost one-third of US adults reported that they would not feel comfortable returning to their office space before a COVID-19 vaccine was available. Half reported that they would be either “somewhat” or “very uncomfortable” with returning to work next week.

But working remotely is not something that everyone enjoys or benefits from. Almost three-quarters of workers acknowledge that working remotely has negatively impacted their lives by blurring the differentiation between work and



personal life, and almost half reported an increase in feelings of isolation and loneliness.

Working remotely can also decrease an employee’s productivity; thirty-two percent of adults disagreed that they were more productive while

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IS SOLICITING COST PROPOSALS FROM DBE AND SBE SUBCONTRACTORS/VENDORS FOR:

Amtrak Washington Terminal Yard HSR Ready Track Expansion Project, Washington, DC Amtrak Contract
Bid Date: July 16, 2020

Description of Project:
Overall, the project includes four (4) new tracks within the service yard (3 electrified and 1 non-electrified) to support the needs of the Acela 21 program. Amtrak Forces will complete the installation of all track work (approximately 5,000 LF of new track), including installation of seven (7) new turnouts. Additionally, the catenary wire work will be completed by Amtrak Forces (approximately 7,250 LF of new messenger and contact wire), including installation of 21 catenary poles. The work by the contractor includes new underground duct bank and site utility installation necessary for the new work, including complete installation of five (5) new high mast light poles with associated wiring and foundations, complete installation of 21 new catenary foundations, as well as fabrication and delivery of the 21 catenary poles, as well as upgrades to electric service to support new 480V wayside power.

Many bidding opportunities are available: miscellaneous metals, structural steel, caissons, fencing, survey, saw cutting, selective demolition, trucking, haul and disposal, concrete reinforcing steel, electrical, CPM scheduling.

If you are interested in bidding on this project, please contact Skanska’s Outreach Coordinator: Julia.Omanoff@skanska.com • EOE/M/F/Vet/Disabled

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IS SOLICITING COST PROPOSALS FROM DBE AND SBE SUBCONTRACTORS/VENDORS FOR:

Amtrak Baltimore Penn Station NGHSR Station Renovations Project, Baltimore Amtrak Contract
Bid Date: July 24, 2020

Description of Project:
This station is Amtrak’s eighth busiest station nationally with approximately three million passengers per year utilizing approximately 150 Amtrak intercity and Maryland Transit Administrations MARC commuter trains each day. Ridership is forecast to increase significantly at this principal station along the Northeast Corridor. To accommodate this increase, Amtrak plans to introduce its high-speed train (HST) fleet to increase the train frequency along the corridor. MARC also plans to increase the frequency of its service to correspond to its commuter passenger increasing volume.

The project also includes other significant improvements such as:

- Reconstruction of a side level boarding platform (48” above top of rail). Platform 2 reconstruction will bring the architectural elements back to their original beauty while making the functional and ADA-compliant enhancements of a side boarding with an elevator, an escalator, and refurbished stairs.
- Construction of a new Platform 5, which will be approximately 1,000 feet long and constructed with precast concrete planks.
- A new canopy including lighting, signage, drain leaders, electrical outlets, video surveillance cameras, and passenger information display systems (PIDS) which include audio-visual messaging and speakers.
- A new pedestrian bridge will extend from the Concourse elevator lobby, over Tracks 7 and F.

Many bidding opportunities are available: demolition, drilled piers, micropiles, structural steel, miscellaneous metals, precast concrete, roofing, skylights, curtainwall, wall panels, gypsum board, masonry, paint, tile, terrazzo, tactile warning surfacing, elevator, escalator, HVAC, fire protection, plumbing, electrical, signage, sitework, fencing, landscaping.

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IS SOLICITING COST PROPOSALS FROM PANYNJ CERTIFIED M/WBE AND SDVOB SUBCONTRACTORS AND VENDORS

PATH Exchange Place Station 9 Car Program, West Corridor Project
PANYNJ Contract No: PAT-024.233
Bid Date: July 16, 2020

Description of project:
A general description of the project work includes the following:
Generally of excavation of cross corridor passage, including installation of structural supports, architectural finishes, and mechanical and electrical appurtenances and related work at PATH Exchange Place Station and the vicinity thereof, Jersey City, New Jersey.

Many bidding opportunities are available.

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IS SOLICITING COST PROPOSALS FROM NEW YORK STATE MWBE SUBCONTRACTORS/VENDORS FOR:

WP-0112 Replacement of Main Sewage Pump System at Coney Island WWTP Project
NYC DEP Contract No: CI-119
Bid Date: August 6, 2020

Description of Project:
The CI-119 project consists of the replacement of the Main Sewage Pumps and other ancillary equipment and structures at the Coney Island Wastewater Treatment Plant (WWTP) in Brooklyn, New York. Work includes demolition of six existing Main Sewage Pumps (MSPs), shafts, motors, drives, and piping, and replacement with vertical centrifugal dry pit pumps, 600 HP motors and eddy current drives, and vertical shaft; demolition and replacement of the MSP seal water system, actuated sluice gates, pump pump system; installation of a new Flood Recovery Pump system; demolition of the decommissioned chemical storage tanks, piping, pumps, and appurtenances in the chemical and dechlorination rooms; also structural, MPT, architectural, electrical, instrumentation and controls, HVAC and plumbing, and fire protection work to support the pump replacement.

Many bidding opportunities are available: demolition, sitework, rebar install, trucking, fill supply, hauling and demolition, paint, masonry, doors, drywall, roof, tile, windows, overhead doors, metals, plumbing, HVAC, electrical, and indirect items.

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IS SOLICITING COST PROPOSALS FROM PANYNJ MWBE AND SDVOB AND LOCAL SUBCONTRACTORS/VENDORS FOR:

JFK Airport Bergen Electrical Substation Project
PANYNJ RFP No: 60765
Bid Date: July 27, 2020

Description of Project:
The Bergen Substation Replacement Project (“project”) will replace the existing Bergen and Van Wyck 5-kilovolt (5KV) electrical substations at John F. Kennedy International Airport with a new, single Bergen 5KV Substation. The Bergen Substation is a critical component of the electrical power distribution system at JFK and assists in supplying power to JFK airside-landside facilities and associated supporting infrastructure. The project also includes the decommissioning and demolition of the existing Bergen and Van Wyck substations following commissioning of the new, replacement facility.

The project for the new Bergen Substation will include the design and construction of a new, single substation that would replace the existing Bergen and Van Wyck substations. The scope of work for the project will include new switchgears, feeders, associated electrical equipment, and a new concrete building to house the substation equipment and associated building systems. Decommissioning, demolition, and site restoration at the existing Bergen and Van Wyck substation sites is also included in the scope of services.

Many bidding opportunities are available: furnish and install rebar, ready-mix concrete supply, masonry, structural steel, miscellaneous metals, waterproofing, building insulation, metal wall paneling, roofing, green roofing, fire proofing, doors, overhead coiling doors, windows, glazing, gypsum board, ceramic tiling, painting, sprinklers, plumbing, HVAC, piles/micropiles, pavement milling, sawcutting, asphalt concrete paving, mpt materials, fill material, line striping, fencing, landscaping, drainage piping, manholes, electrical, electrical materials and equipment, photography, portable toilets, dumpsters, office trailers, soil borings, soil testing, commissioning.

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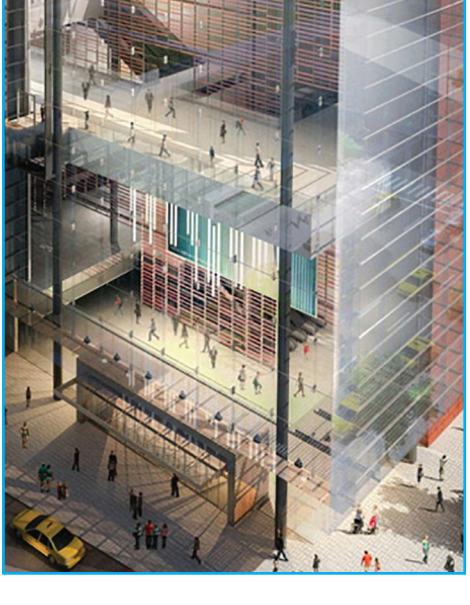
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IS SOLICITING COST PROPOSALS FROM DBE AND SBE SUBCONTRACTORS/VENDORS FOR:

Amtrak Emergency Service Building Relocation Project, Manhattan Amtrak Contract
Bid Date: July 28, 2020

Description of Project:
The Emergency Services Building (ESB) project (the Project) consists of the construction within the secured site of the LIRR West Side Storage Yard (West Rail Yard) of a new electrical substation, emergency generator, and control panel within a fenced area as a temporary replacement for the ESB while it is demolished in favor of a new substation that is not a part of this contract, and moving an existing SCADA cabinet to a location adjacent to the aforesaid fenced area. This equipment will be located near the northwest corner of 11th Avenue and West 30th Street, north of the High Line structure. The Project also includes Communications and electrical raceways, boxes, and cables related to the foregoing; fire alarm work related to the foregoing, a new water meter vault, and related civil work, all between the existing LIRR Access Road and West 30th Street.

Many bidding opportunities are available: Pipe materials, ready-mix concrete, rebar fabrication, rebar installation, erosion control materials, chain link fence, fill materials, haul and disposal, structural steel, metal deck, and miscellaneous metals.

If you are interested in bidding on this project, please contact Skanska’s Outreach Coordinator: Julia.Omanoff@skanska.com • EOE/M/F/Vet/Disabled

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How to Access the Woman-Owned Small Business Federal Contract Program-Recorded Webinar
Tuesday, July 28, 2020, 2:00 pm–3:00 pm
Main Sponsor(s): US Small Business Administration
Contact: Patrice Dozier, 404-331-0118, patrice.dozier@sba.gov
Fee: Free; registration required

Once you register, you will be sent the link for the webinar. Before you can participate in the women’s contracting program, you must either use the SBA FREE online application or be third-party certified. Both methods require you to use the certify.SBA.gov website. Webinar access information will be forwarded via email.

Government Contracting 8a Business Development Webinar
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